



# AQUATICS SCHEDULE

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

ROSS FARNSWORTH-EAST VALLEY YMCA Effective 4/1/12

## Pool Hours:

**Monday - Friday**  
5:45am - 8:00pm  
**Saturday**  
7:30am-6:00pm  
**Sunday**  
10:30am-4:00pm

Open swim is available at all times. Classes are listed as a courtesy so that members know there may be limited availability of lap lanes and/or recreation during classes and Swim Team.

## Age Guidelines:

All children above 4 years years of age must use gender specific locker rooms, or family locker room.

Youth non-swimmers ages 12 years and under must have a parent/guardian in the water within arms' reach of the child.

Youth swimmers ages 7 and under, who have passed the swim test must have parent/guardian in the water.

Youth swimmers ages 8 and older, who have passed the swim test, are allowed in the pool without adult supervision.

No one under the age of 14 allowed in the Spa.

State Health Laws state that every person must shower with soap before entering the pool and no person with open wounds or infectious disease is allowed in the pool or spa.

| TIME     | SUNDAY                 | MONDAY                 | TUESDAY                | WEDNESDAY              | THURSDAY               | FRIDAY                 | SATURDAY               |
|----------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 5:30 AM  |                        | Pool Opens at 5:45 am  | Pool Opens at 5:45 am  | Pool Opens at 5:45 am  | Pool Opens at 5:45 am  | Pool Opens at 5:45 am  |                        |
| 6:00 AM  |                        |                        |                        |                        |                        |                        |                        |
| 6:30 AM  |                        |                        |                        |                        |                        |                        |                        |
| 7:00 AM  |                        |                        |                        |                        |                        |                        |                        |
| 7:30 AM  |                        |                        |                        |                        |                        |                        | Pool Opens at 7:30 am  |
| 8:00 AM  |                        |                        |                        |                        |                        |                        |                        |
| 8:30 AM  |                        |                        |                        |                        |                        |                        |                        |
| 9:00 AM  |                        | Swim Lessons           | Silver Splash          | Swim Lessons           | Silver Splash          | Swim Lessons           | Silver Splash          |
| 9:30 AM  |                        |                        |                        |                        |                        |                        |                        |
| 10:00 AM |                        |                        |                        |                        |                        |                        |                        |
| 10:30 AM | Pool Opens at 10:30 am |                        |                        |                        |                        |                        |                        |
| 11:00 AM |                        |                        |                        |                        |                        |                        |                        |
| 11:30 AM |                        |                        |                        |                        |                        |                        |                        |
| 12:00 PM |                        |                        |                        |                        |                        |                        |                        |
| 12:30 PM |                        |                        |                        |                        |                        |                        |                        |
| 1:00 PM  |                        |                        |                        |                        |                        |                        |                        |
| 1:30 PM  |                        |                        |                        |                        |                        |                        |                        |
| 2:00 PM  |                        |                        |                        |                        |                        |                        |                        |
| 2:30 PM  |                        |                        |                        |                        |                        |                        |                        |
| 3:00 PM  |                        |                        |                        |                        |                        |                        |                        |
| 3:30 PM  |                        |                        |                        |                        |                        |                        |                        |
| 4:00 PM  | Pool Closes at 4:00 pm |                        |                        |                        |                        |                        |                        |
| 4:30 PM  |                        |                        | Swim Lessons           |                        | Swim Lessons           |                        |                        |
| 5:00 PM  |                        |                        |                        |                        |                        |                        |                        |
| 5:30 PM  |                        |                        | Swim Team              |                        | Swim Team              |                        |                        |
| 6:00 PM  |                        |                        |                        |                        |                        |                        | Pool Closes at 6:00 pm |
| 6:30 PM  |                        |                        |                        |                        |                        |                        |                        |
| 7:00 PM  |                        |                        |                        |                        |                        |                        |                        |
| 7:30 PM  |                        |                        |                        |                        |                        |                        |                        |
| 8:00 PM  |                        | Pool Closes at 8:00 pm | Pool Closes at 8:00 pm | Pool Closes at 8:00 pm | Pool Closes at 8:00 pm | Pool Closes at 8:00 pm |                        |
| 8:30 PM  |                        |                        |                        |                        |                        |                        |                        |