



Ross Farnsworth East Valley Family YMCA

GYM SCHEDULE - Effective March 1, 2012



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Schedule is Subject to Change	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	East	West	East	West	East	West	East	West	East	West	East	West	East	West
5:30AM-6:30AM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym			
6:30AM-7:30AM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym	
7:30AM-8:30AM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		B-Ball Games	Itty Bitty
8:30AM-9:30AM			Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
9:30AM-10:30AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
10:30AM-11:30AM	Adult Volleyball		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
11:30AM-12:00PM	Adult Volleyball		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
12:00PM-1:00PM	Adult Basketball Games		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
1:00PM-2:00PM	Adult Basketball Games		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
2:00PM-3:00PM	Adult Basketball Games		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
3:00PM-4:00PM	Adult Basketball Games		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Basketball Games	
4:00PM-4:45PM	Adult Basketball Games		Kids Fitness	Youth Practice	Open Gym		Kids Zumba	Youth Practice	Cardio Kids	Youth Practice	Open Gym		Youth Basketball Games	
4:45PM-5:30PM			Open Gym	Youth Practice	Youth Practice	Youth Practice	Open Gym	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games		Youth Basketball Games	
5:30PM- 6:15PM			Open Gym	Youth Practice	Youth Practice	Youth Practice	Open Gym	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games		Youth Basketball Games	
6:15PM- 7:00PM			Zumba	Zumba	Youth Practice	Youth Practice	Open Gym	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games		Youth Basketball Games	
7:00PM-7:45PM			Zumba	Zumba	Youth Practice	Youth Practice	Youth Practice	Youth Practice	Open Gym	Youth Practice	Youth Basketball Games			
7:45PM-8:30PM			Open Gym	Youth Practice	Youth Practice	Youth Practice	Youth Practice	Youth Practice	Open Gym	Youth Practice	Youth Basketball Games			
8:30PM- 9:15PM			Open Gym	Youth Practice	ATSU	COURTIME	ATSU	COURTIME	Open Gym	Youth Practice	Youth Basketball Games			
9:15PM- 10:00PM			Open Gym		ATSU	COURTIME	ATSU	COURTIME	Open Gym					