



GYM SCHEDULE

Mesa Family YMCA • Winter 2011

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30AM - 6:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
6:30AM - 7:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
7:30AM - 8:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
8:30AM - 9:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
9:30AM - 10:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
10:30AM - 11:30AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
11:30AM - 12:00PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
12:00PM - 1:00PM	Adult Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
1:00PM - 2:00PM	Adult Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
2:00PM - 3:00PM	Adult Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
3:00PM - 4:00PM	Adult Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
4:00PM - 5:00PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
5:00PM - 6:00PM		Youth Practice	Open Gym	Youth Practice	Open Gym	Youth Basketball Games	
6:00PM - 7:00PM		Youth Practice	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games	
7:00PM - 8:00PM		Youth Practice	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games	
8:00PM - 9:00PM		Youth Practice	Youth Practice	Youth Practice	Youth Practice	Youth Basketball Games	
9:00PM - 10:00PM		Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games	