



GYM SCHEDULE

MARYVALE • December 2011

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|----------|
| 6:00am | Open GYM 6am-12pm | Open GYM 6am-12pm | Open GYM 6am-12pm | Open GYM 6am-12pm | Open GYM 6am-12pm | GYM |
| 12:00pm | | | | | | CLOSED |
| 1:00pm | Open Gym 1:00-3:00pm | Open Gym 1:00-3:00pm | Open Gym 1:00-3:00pm | Open Gym 1:00-3:00pm | Open Gym 1:00-3:00pm | |
| 3:00pm | | | | | | GYM |
| 4:00pm | Open GYM 3pm-6pm | Open GYM 3pm-6pm | Open GYM 3pm-6pm | Open GYM 3pm-6pm | Open GYM 3pm-7pm | CLOSED |
| 6:00pm | GYM Practice 6pm-9pm | | GYM Practice 6pm-9pm | | Open GYM 3pm-5pm | |
| 9:00pm | GYM Practice 6pm-9pm | GYM Practice 6pm-9pm | GYM Practice 6pm-9pm | GYM Practice 6pm-9pm | Gym Practice 5pm-7pm | GYM |
| | | | | | | CLOSED |



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