



# Pool Schedule

## SUMMER/JUNE & JULY

<i>Schedule is Subject to Change</i>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	<i>Schedule is Subject to Change</i>	
5:30AM-6AM	Closed	Closed	Closed	Closed	Closed	Closed	Closed	5:30AM-6AM	
6AM-7AM		High Tide 4 Lanes/ Lap Swim	Lap Swim/Open Swim	High Tide 4 Lanes/ Lap Swim	Lap Swim/Open Swim	Lap Swim/Open Swim		Lap Swim/Open Swim	6AM-7AM
7AM-8AM			SW Aerobics 4 Lanes/Lap Swim		SW Aerobics 4 Lanes/Lap Swim	Low Tide 4 Lanes/Lap Swim			7AM-8AM
8AM-9AM		SW Aerobics 4 Lanes/Lap Swim	Low Tide 4 Lanes/Lap Swim	SW Aerobics 4 Lanes/Lap Swim	Low Tide 4 Lanes/Lap Swim	SW Aerobics 4 Lanes/Low Tide 2 Lanes	Lap Swim/Open Swim	8AM-9AM	
9AM-10AM		DW Aerobics 3 Lanes/Lap Swim	SW Aerobics 4 Lanes/Swim Lessons	DW Aerobics 3 Lanes/Lap Swim	SW Aerobics 4 Lanes/Swim Lessons	DW Aerobics 3 Lanes/Lap Swim	Swim Team 4 Lanes/Swim Lessons	9AM-10AM	
10AM-11AM		Lap Swim/Open Swim	Swim Lessons/Lap Swim	Lap Swim/Open Swim	Swim Lessons/Lap Swim	Lap Swim/Open Swim		10AM-11AM	
11AM-12PM	Lap Swim/Open Swim	Lap Swim 4 Lanes/Camp	Lap Swim 4 Lanes/Camp	Lap Swim 4 Lanes/Camp	Lap Swim 4 Lanes/Camp		Lap Swim/Open Swim	Swim Team 4 Lanes/Open Swim	11AM-12PM
12PM-1PM		Lap Swim/Open Swim	Lap Swim 4 Lanes/Open Swim	Lap Swim/Open Swim	Lap Swim 4 Lanes/Open Swim	Lap Swim 4 Lanes/Camp		Lap Swim 4 Lanes/Open Swim	12PM-1PM
1PM-2PM		Lap Swim 4 Lanes/Camp		Lap Swim 4 Lanes/Camp			Lap Swim 4 Lanes/Open Swim		Lap Swim 4 Lanes/Camp
2PM-3PM		Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim 4 Lanes/Open Swim	Lap Swim 4 Lanes/Open Swim	2PM-3PM	
3PM-4PM		Swim Lessons/Lap Swim						Swim Lessons/Lap Swim	Swim Lessons/Lap Swim
4PM-5PM		Pre-Comp/Swim Lessons	High Tide 4 Lanes/ Lap Swim 1 Lane	Pre-Comp 4 Lanes 6:30-7:30/Open Swim	Pre-Comp/Swim Lessons	Pre-Comp 4 Lanes 6:30-7:30/Open Swim	Lap Swim 4 Lanes/Open Swim	Closed	4PM-5PM
5PM-6PM	Lap Swim/Open Swim	Lap Swim/Open Swim							Lap Swim/Open Swim
6PM-7PM	Closed	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Closed	6PM-7PM	
7PM-8PM								Closed	7PM-8PM

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YMCA Mission: "Putting Christian principles into practice through programs that build a healthy spirit, mind and body for all."