



# GYM SCHEDULE

AHWATUKEE FOOTHILLS FAMILY YMCA • WINTER 2011

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY														
	North	South	North	South	North	South	North	South	North	South	North	South	North	South													
<b>OPEN</b>  <b>CLOSE</b>	Open Gym 7-8am		Men's Basketball 5-7:30am		Open Gym 5am-10pm		Men's Basketball 5-7:30am		Open Gym 5am-10pm		Men's Basketball 5-7:30am		Closed for Youth Sports														
			Pick Up Basketball 8-10:30am				Open Gym 7:30-9:45am				Open Gym 5am-5pm				Open Gym 7:30am-2:30pm		Open Gym 5am-2:30pm		Open Gym 5am-2:30pm								
	Open Rec Basketball 10:30am-1:30pm	Open Gym 10:30am-1:30pm	Fitter Critters & Camp Cardio 9:45-10:30am	Open Gym 9:45-2:30pm			Open Gym 3:30-9pm				Dodgeball 2:30-3:30pm	K-KIDZ 12:30p-4:45p			Open Gym 5am-10pm		K-KIDZ 2:30p-4:15p	Open Gym 7:30am-5pm	Y Sports 6:30am-7pm September 10 - November 5th Volleyball until 11:30a Jr Suns Recreational Games until 3:00p Jrs Suns Competitive 3:00pm to Close								
	Open Gym 1:30-5pm	Badminton 1:30-5pm	Open Gym 10:30am-10pm								K-KIDZ 2:30p-3:50p	K-KIDZ 2:30p-4:45p					K-KIDZ 2:30-3:30pm	K-KIDZ 12:30p-4:45p			K-KIDZ 2:30p-4:15p	K-KIDZ 2:30p-4:15p	K-KIDZ 2:30p-4:15p				
	Closed At 5pm		Competitive Volleyball Practices 4-10pm								Competitive Volleyball Practices 5-10pm						Open Gym 3:30-9pm				Competitive Volleyball Practices 5-9pm	Competitive Volleyball Practices 5-9pm		PK BBALL 4:30-5:15p	K BBALL 4:30-4:55p	Y Sports 5-9pm Jr Suns Competitive Basketball	
																	Soccer 18+ Members 9-10pm				Adult Vball 18+ 9-10p			Y Sports 5-9pm Jr Suns Competitive Basketball			
Closed At 5pm		Competitive Volleyball Practices 4-10pm		Competitive Volleyball Practices 5-10pm		Soccer 18+ Members 9-10pm			Adult Vball 18+ 9-10p		Y Sports 5-9pm Jr Suns Competitive Basketball		Closed At 9pm				Closed At 7:00pm										
						Soccer 18+ Members 9-10pm		Adult Vball 18+ 9-10p		Y Sports 5-9pm Jr Suns Competitive Basketball		Closed At 9pm		Closed At 7:00pm													