YMCA TEEN

SPIRIT MIND BODY

LEADERS CLUB!

Leaders Club is one of YMCA's most intensive and comprehensive teen programs, providing club members with opportunities for leadership training, persona growth, service to others, and social development. Once the club is established, it is essentially turned over to the students to become leaders and take control. The students run for office, campaign, and give speeches about what their goals are for the year. The goals typically are geared to specific service projects and social events. In the past they have picked a theme for the year. For example, one club picked the theme of camping. For their service projects they cleaned up camp grounds and helped create hiking paths. Then they would hold fundraisers and plan out camping trips for their club. The students plan everything. Once they chose a campground they would have to plan every detail of the trip. How much would it cost to travel there, how they would travel, what materials would they need, what activities would they include. They would "sell" their ideas to each other, and eventually plan very successful outings. It's a really fun way to teach students leadership skills and creates lasting bonds between the participants. This year we have a partnership with St. Mary's Food Bank that we would really like to incorporate and serve them as well.

Programs will be held at various middle schools and high schools around Flagstaff.

Please contact Kayla Meikle for more information.

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