

Chandler/Gilbert YMCA Swim Teams



Purpose of Swim Lessons

Working from the overall Y philosophy of self-development, our swim lessons use a problem-solving guided discovery teaching approach. The emphasis is on learning, not passing or failing. Instructors work with each student to set goals and evaluate progress in light of the student's "own" standards. This is called their "personal best." It is the goal of our swim lessons to build self-esteem and assist personal growth by using encouragement and praise. Our Y Swim Lessons Program is a National YMCA program.

We are very fortunate to have two swim teams at our YMCA. Our introductory swim team is called THE Riptide Pre-Competitive. This is an excellent swim team for kids that are just starting to develop interest in swimming. Please contact Cody Willis at cwillis@vosymca.org for more information.

Our Riptide team is a great team that is an official USA swimming Team. This is a challenging team that will bring out the best in each child. Please contact Angelo Martins at coachmartins@netscape.net for more information.

YAQUATICS™

We build strong kids, strong families, strong communities.

2010 Swim Teams & Swim Lessons

Register ONLINE!

www.chandler-gilbertymca.org

Chandler/Gilbert Family YMCA
1655 W Frye Road
Chandler Arizona 85224
480-899-9622



2010 Chandler/Gilbert Family YMCA Swim Lessons Schedule

Preschool Swimming Lessons

School Age Swimming Lessons

SUMMER SESSIONS FOR SWIM LESSONS:

Session	Dates
May	April 26– May 29
June	June 7– July 3

Infant-Toddler Swimming Lessons

Parent & Child Classes: (6mos to 3 years)

This program for infants and toddlers ages 6 months to two years is a water orientation program designed to help both parent and child become more comfortable in the water. The parent guides the child to learn aquatic skills. Games and songs that use basic movements in the water such as kicking, arm strokes and breath control are used.

Class	Days	Time	Cost FM/PM
Parent/Child	Sat	10:30 AM	\$20 FM/ \$40 PM

Pike: (AGES 3-6 YEARS OF AGE)

Emphasizes aquatic skills, water safety and development of child's potential. Emphasis on independence of adult support.



Class	Days	Time	Cost FM/PM
Pike	M/W	4:00-4:30pm	\$30 FM/ \$60 PM
Pike	M/W	4:30-5:00pm	\$30 FM/ \$60 PM
Pike	M/W	5:00-5:30pm	\$30 FM/ \$60 PM
Pike	T/Th	4:30-5:00pm	\$30 FM/ \$60 PM
Pike	Sat	10:00-10:30	\$20 FM/ \$40 PM

Eel: (AGES 3-6)

Our Eel class is for children already comfortable with the water who need training in swimming with forward movement.



Class	Days	Time	Cost FM/PM
Eel	M/W	4:00-4:30pm	\$30 FM/ \$60 PM
Eel	M/W	4:30-5:00pm	\$30 FM/ \$60 PM
Eel	M/W	5:00-5:30pm	\$30 FM/ \$60 PM
Eel	T/Th	4:30-5:00pm	\$30 FM/ \$60 PM
Eel	Sat	10:00-10:30am	\$20 FM/ \$40 PM

Polliwog: (AGES 6-12 YEARS OF AGE)

Introductory class for school-age children, that helps the child develop independent water movements.



Class	Days	Time	Cost FM/PM
Polliwog	M/W	4:35-5:00pm	\$30 FM/ \$60 PM
Polliwog	M/W	5:00-5:30pm	\$30 FM/ \$60 PM
Polliwog	M/W	5:30-6:00pm	\$30 FM/ 60 PM
Polliwog	T/Th	5:00-5:30pm	\$30 FM/ \$60 PM
Polliwog	Sat	11:00-11:30am	\$20 FM/ \$40 PM

Guppies: (AGES 6-12 YEARS OF AGE)

Intermediate class for school-age children, Already comfortable in the water yet need to need to refine technique of forward motion.



Class	Days	Time	Cost FM/PM
Guppy	M/W	4:30-5:00pm	\$30 FM/ \$60 PM
Guppy	M/W	5:00-5:30pm	\$30 FM/ \$60 PM
Guppy	M/W	5:30-6:00pm	\$30 FM/ \$60 PM
Guppy	T/Th	5:00-5:30pm	\$30 FM/ \$60 PM
Guppy	Sat	11:00-11:30am	\$20 FM/ \$40 PM